

**-moving arts-
FIGHTING MONKEY
PRACTICE**



with Thales Weilinger



SUMMER 2024

FM-Practice comes back to Klagenfurt!!!

I'm very happy to host this extended Intensive Weekend in an unique environment. Three days dedicated to movement in an amazing house with a huge garden in the centre of Klagenfurt. We occupy this place for the entire time with all the facilities we need to focus on our communication through movement practice, research, playing, fighting, improvising,...

LOCATION:

The residency is called VILLA FOR FORREST and will be our home and practice place for three days. We will squat the entire ground floor and the huge garden. There is no gym, dojo or dance studio. The house offers us three big rooms with wooden floor, the wild garden and a terrace with a small stage. For the breaks in-between and our free time we have a spacious kitchen and different smaller rooms to find some rest or just some privacy. There is a shower inside the house as well as in the garden. The house is situated in the city centre, very close to the train station. There is everything you need in a range of 10 min. and still we are very disconnected from the noisy and busy life outside the residence. This offers everyone the freedom to decide if he/she wants to discover the city and lake of Klagenfurt or just stay in VILLA FOR FORREST.

- Three rooms to practice



- the terrace and stage



- the garden



- the kitchen



TIMETABLE & STRUCTURE:

Thursday, 15.08. - Sunday, 18.08.

This is a full three days workshop! As we always gonna start quite early in the morning it is organised that we use Thursday 15.08. as arrival day with a small introduction in the afternoon, followed by a practice session to get to know each other. The timetable during the on going three days will be slightly flexible as we might adapt to the weather conditions when we start or finish. In total we gonna practice around 24 hours with a longer session in the morning and a shorter one in the afternoon. There might be some small evening session to finish the day and to calm down after a day full of movement.

Thursday 15.08.

16:00 Introduction

16:30 - 18:30 Practice

Friday 16.08. - Sunday 18.08.

08:00 - 12:00 Practice

12:00 - 14:00 Lunch & Break

14:00 - 17:00 Practice

17:00 - 19:30 Dinner & Break

19:30 - 20:30 Practice (optional)

- jumping into the water could be also a reason to shift the timetable ;)



COSTS / ACCOMMODATION

The idea of this workshop is to spend the time together. Apart from our practice we have everything we need in the house and garden. There is the possibility to cook, to spend the evening in the garden with camp-fire or in the lounge and also to sleep in the house.

This is just a proposal. Everybody feels free to do what they want in the free time. Of course you can also just assist the practice if you have other plans for the rest of the day.

There are different options that are included in the workshop fee:

- tent in the garden
- van or camping car at the entrance of the house
- mattress where ever you want

(mattresses are available / everything else you have to bring by yourself)

Workshop fee:

250€

(there is a little lunch included that will be ready in the break)

you get details about the payment once you reserved your spot:

thales.weilinger@gmail.com

For everyone searching for other sleeping options:

- there are two double bed rooms in the building for additional 40€ per night
- there is a Youth Hostle close to the lake (<https://www.hiyou.at/klagenfurt/>)
- there are several hotels close to the venue

SOME ORGANISATION STUFF

- FOOD:

There will be a little vegan/vegetarian lunch ready for the midday break. This is included in the workshop fee. It's more an healthy snack after the training than a full meal. Just be prepared in case you need a proper lunch.

Food and cooking is self organized as a group or independently. This will be something to talk about during the introduction on Thursday.

There are plenty of shops and restaurants near the venue!

- RESPECT:

An important part for the weekend! As we gonna spend most of the time together in the house and garden we need to respect each other and the property.

We can organise most of the weekend as a group (cooking, evening program, swimming,...) but it's not mandatory! That means everybody is free in handling their free time and personal needs.

- TRAINING:

You are self responsible for your body and your health! We will have a intense practice program so take care of yourself and the others.

As we practice inside and outside be prepared in terms of sneakers, water bottle, towels, enough clothes to change... it's SUMMER ;)

For any further questions, don't hesitate to contact me:

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